

North Mymms Memorial Hall

List of Regular Lessons

For further information, please use the contact details below

Monday

Helen's Social Dance

3.30—5.00 pm – Contact: Helen Tucker 07811 889003

Email: htucker@ntlworld.com

Sue's Zumba Gold

6.00-7.00pm – Contact: Sue Purdie – 07956-338561

Email: sue.purdie@ntlworld.com

Steppin' Time Line Dancing

7.30- 10.00 pm – Contact: Margaret Hall 01707 655866

Email: margarethall@talk21.com

Tuesday

Nick's Dance School

6.00pm -7.00pm. FitSteps with Terri

7.10pm -7.50pm. Simply Stretch

Contact: Terri Bodell 0208 133 9142

Email: admin@NicksDanceSchool.com

Wednesday

Exercise to music for the over 60's

11.00 – 12.30 pm – Contact: Jean Blott - 01707-891789

Email: jbextend@googlemail.com

Wednesday Club

7.45 – 10.15 - Contact: Helen Tucker - 07811 889003 – 01707-264154

Email: htucker@ntlworld.com

Steppin' Time Line Dancing

Thursday

9.45 – 11.45 am – Contact: Margaret Hall - 01707 655866

Email: margarethall@talk21.com

Private Dance Lessons

6.30 – 8.00 pm – Contact: Angela Bluffield - 07773 341490

Email: angiesdanceacademy@hotmail.co.uk

Friday

Zumba

9.15 – 10.45 am – Contact: Judy Martell - 07786 930609

Angies Dance School

12.00 – 1.00 pm – Contact: Angela Bluffield 07773 341490

Email: angiesdanceacademy@hotmail.co.uk

Nick's Dance School

5.15pm – 8.00pm. Private Dance lessons

8.00pm – 10.00pm Social Dance

Contact: Terri Bodell 0208 133 9142

Email: admin@NicksDanceSchool.com

Sunday

Brooks Academy – Irish Dance

8.30 – 12.00 am – Contact: Aislinn Stephens – 07716-306909

Email: Aislinn_b@hotmail.co.uk